

# 孫方中書院

## Sun Fong Chung College

校監 School Supervisor :

**孫方中** BBS MBE 太平紳士  
**Sun Fong Chung** BBS MBE JP

校長 Principal :

**吳少祺先生** B.Sc.(Hon), Dip.Ed, M. Ed.  
**Mr. Ng Siu Ki** B.Sc.(Hon), Dip.Ed, M. Ed.

地址 School Address : 新界大埔大埔公路大埔滘段4643號 (鹿茵山莊旁)  
4643 Tai Po Road, Tai Po Kau, Tai Po, N.T. (next to Deer Hill Bay)

電話 Tel : 2656 7123

傳真 Fax : 2654 6886

網址 Website : <http://sunfc.school.hk>

電郵 E-mail : [info@sunfc.school.hk](mailto:info@sunfc.school.hk)





# 校訓 School Motto

勤、廉、信、慎  
*Diligence, Integrity, Trustworthiness, Prudence*



校監孫方中BBS MBE太平紳士(右)、  
教育局陳維安副局長(中)、  
校董丁毓珠SBS太平紳士(左)

## 辦學理念 Mission Statement

總目標：裝備學生面對未來的世界。簡以言之：  
We strive to help students equip themselves to face the challenges of the ever-changing world. In other words:

孫方中書院致力培育學生  
成為能  
主動學習、  
具良好語文能力、  
有創意及  
良好品格的新一代。

SFCC is committed to nurturing  
our students to be  
Self-motivated in learning,  
Fluent in English and Putonghua,  
Creative, and  
Character-driven.



## 信念 School Beliefs

1. 每個學生都有求知熱誠，並能貫徹終生學習。  
Every student has a zest for curiosity and life-long learning.
2. 每個學生都具多元潛能，能透過不同的學習經歷得以發掘、強化及拓展。  
Every student's multiple intelligences can be developed through heterogeneous learning experiences.
3. 每個學生都能從全面的普通話授課及英語培訓，提升兩文三語的能力。  
Every student can enhance their language proficiency through learning in Putonghua and English.

## 基本策略 Basic Strategies

1. 多彼此關懷欣賞，勿互相挑剔謾罵。  
To care and appreciate, but not to criticize and scold.
2. 多稱讚良好品德，勿褒獎浮誇表現。  
To appreciate good moral values, but not to focus only on external behaviors.
3. 多誘發內在動機，勿依靠外在權威。  
To arouse intrinsic learning motivation, but not to rely on extrinsic authority.



本校有幸邀請教育局陳維安副局長  
擔任畢業禮主禮嘉賓





# 2009-2010年度主題 Major Objectives 2009-2010

克己盡責 Take responsibility for your own actions  
多元發展 Diversify your talents  
力爭上游 Strive to do your best  
永不言棄 Never give up

## 學校設施 School facilities

- 全新千禧校舍，面積10,740平方米，廣植樹木。

Our 10,740-square metered Millennium campus is surrounded by lush trees.

- 標準設施外，設英語學習室、英語花園、通識教育室、環境資源中心、數碼圖書館、資訊科技學習中心、綠化天台草坪、足球場、跑道、沙池、健身室等；並計劃增設泳池。

In addition to standard teaching rooms and facilities, we also have an English Language Laboratory, English Garden, Liberal Studies Classroom, Environmental Resource Centre, digital library, Information Technology Learning Laboratory, Green Roof, soccer field, running track, sandpit and gymnasium. We plan to build a swimming pool in the near future.

斥資約6萬元改建圖書館，包括：加建多媒體視訊室，讓同學們欣賞英語電影；加建自修座位，讓同學更專心溫習；多加一層書架，放置日漸增加的館藏。  
*Approximately \$60,000 has been allocated to renovate our Library. A new multi-media video-viewing room has been set up for students to enjoy English movies, the self-study area has been extended for students to do revision and more bookshelves have been installed for the increasing number of books.*

設有光纖及無線網絡，各標準課室內均設有多媒體電腦、液晶體投射器、螢幕及擴音器等。

*Our campus is equipped with Fiber-optic and wireless computer network. Multi-media computer, LCD projector, screen, amplifiers and etc. are set up in Classrooms.*





## 師資 Teacher Qualifications

全校教師62人，其中52%持有碩士學位，46%持有學士學位。  
*There are 62 teaching staff in our school. 52% of them are Master degree holders and 46% of them are Bachelor degree holders.*

增撥資源，聘請3位全職外籍英語老師，協助同學提升英語水平。

*Our school allocates extra resources to recruit 3 full-time Native-speaking English Teachers to help students improve their English*




## 學與教

## Teaching and Learning

### 全校語文政策 Language Policy

1. 本校採取多元的模式為學生安排教學語言，根據課程的特色及不同班別學生的發展需要，以英語教授多個非語文科目。  
The medium of instruction is based on multifaceted consideration. Different subjects are taught in English in accordance to the characteristics and developments of different classes.
2. 為了能拓寬學生的視野及與國際學習接軌，物理、化學、生物、資訊及通訊科技科、企業、會計與財務概論科和數學科採用英文課本，以英語為教學語言。  
Textbooks written in English are used as a medium of instruction in other subjects, such as Physics, Chemistry, Biology, Information and Communication Technology, Business, Accounting and Financial Studies (BAFs) and Mathematics.
3. 為了與高中的課程及教學語言得以銜接，綜合科學科和普通電腦科均會採用英文課本，以英語授課。其他非語文的科目則會以多元的模式推動英語元素的學習。  
For the junior secondary classes, English as the medium of instruction and English textbooks in are used in Integrated Science and Computer Literacy to help students adapt to the medium of instruction and curriculum of senior secondary. In addition, English elements are integrated into non-language subjects.



老師盡責且有愛心，重視「以身作則，身教言教」。  
*Our teachers are responsible and caring. They highly emphasize 'practise what we preach; role-modeling is better than precept teaching'.*



全體中英文科教師均達普通話或英文科語文能力要求(即語文基準)，並持有大學學位及教育文憑。

*All Chinese & English teachers are Bachelor or Master degree-holders majoring in English or Education (English) and have Postgraduate Diplomas or Certificates in Education (PGDE or PCED). They are also exempt from Language Proficiency Assessment for Teachers (Tests in Putonghua /English Language).*



## 學習和教學策略

### Learning and Teaching strategies

1. 推行「早讀計劃」，雙班主任於每天上課前陪伴同學閱讀課外書二十分鐘，培養同學的閱讀習慣。

Cultivating students' reading and learning habits are our focuses. The Morning Reading Session allows students to read before their regular lessons.

2. 同學每月輪流閱讀中英文課外書籍，並填寫閱讀紀錄，與人分享閱讀的樂趣。舉辦學習技巧工作坊，配合內建於初中通識科的思維訓練，強化學生協作和溝通等共通能力。

Chinese and English books are read in alternate months. Students are encouraged to share the joy of reading by keeping reading records.

3. 各學科擬定預習資料，鼓勵學生課前預習，並培養學生在課堂摘錄重點，以及交流討論學習心得的習慣。

Our focus is co-operative learning. Workshops are held to strengthen the critical thinking skills in Liberal Studies. Memory skills, mind maps, linear thinking skills and project learning are used to strengthen students' cooperative and communication skills.

4. 各學科重視發展網上學習平台，並具備相當豐富的學習資源，協助學生善用課餘時間自學。

Every subject has their online platform which provides extra learning resources and skills for students to learn in their spare time.

## 四個關鍵項目的發展

### Development of the Four Domains

1. 設有早讀時段，透過閱讀獎勵計劃及各種閱讀活動，進一步提升學生的閱讀素質。

The Morning Reading Session helps students cultivate their reading habit. A variety of reading scheme and activities are carried out to further encourage students to learn from reading.

2. 通識科推展跨科專題研習，並引入協作學習策略、學生自評和同儕互評等措施，以發展學生的共通能力。

Cross-curricular project learning in our Liberal Studies curriculum uses cooperative learning strategies, student's self-evaluation, peer evaluation and etc. to enhance students' generic skills.

3. 透過早會、班主任課、通識科、其他科目滲透及相關的學習活動推行德育及公民教育，強化學生的正面價值觀、態度和行為。

Students' positive value, attitude and behaviour are systematically nurtured and consolidated through our morning assemblies, class teacher's periods, Liberal Studies lessons, other subjects and relevant learning activities.

4. 有策略地運用網上學習平台，如：i-learnner、wiseneews、wise learning、「我愛香港」通識教育網等。

The online learning platforms are utilized effectively. For instance, i-learner, wiseneews, wise learning, Liberal Studies network 'I love Hong Kong' established by *Mingpao Daily News*, etc.





# 協

## 助學生提升英語能力措施 2009-2010 Measures to facilitate students in English Learning 2009-2010

### 外籍老師和學生 Native English-speaking Teachers & Exchange Students

- 斥資30餘萬元增聘全職外籍英語老師，令全職外籍老師多達3位。

Over \$300,000 has been allocated for employing a full-time native English-speaking teacher. There are three NETs in total.

- 安排外籍老師擔任班主任，增加同學與外籍老師的接觸。

The three NETs are class teachers so that they will have more opportunities to communicate with our students.

- 全校各班均有機會被3名外籍老師教授英語會話。

Every class in our school has an opportunity to be taught by three NETs in oral lessons.

- 參加國際文化交流計劃，本校今年接待一名德國籍的交換生就讀中六以及一名來自新西蘭的交換生就讀中四，以鼓勵本校學生接觸外地文化和多說英語。

To give our students more exposure to English and different cultures, we participate in an exchange student programme. We currently have a S6 student from Germany and a S4 exchange student from New Zealand.

### 配合英語發展的設施 Resources maximizing English learning opportunities

- 斥資約2萬元增購超過300本英文書籍或英語學習軟件。

Approximately \$20,000 has been allocated to purchase over 300 English books and English language learning software to encourage students to learn the language.

- 設立「英語室」和「英語花園」。英語老師更準備多項活動如：電影放映及語文遊戲，寓學習英語於娛樂。

To help students learn English with fun, the English Room and the English Garden are established to hold various kinds of activities like movie shows and language games for students at different levels.





## 參與英語提升計劃

### Participation in English enriching programs

- 參加浸會大學英文創意寫作計劃，引入外界新刺激，尋找改善學生英語水平的方法。

The English Department participates in the “Creative Writing Program” organized by the Hong Kong Baptist University. Our English teachers collaborate with the language experts to develop and improve pedagogy.

- 參加由英國文化協會及教育局合辦的‘Climate Cool Project’，讓本校學生和本地及英國的參與學校以英語交流，並提高學生的環保意識。

We participate in the ‘Climate Cool Project’ co-organized by the British Council and the Education Bureau to provide more opportunities for students to use English outside classrooms, and to raise students’ awareness of environmental protection.

## 銜接高中採用英語教學的安排

### Bridging to EMI in senior form

- 為幫助學生銜接高中，老師在教授各科時加入英語元素，並派發英文工作紙，讓學生早日接觸英語教學。

To help students be ready for senior form, our teachers constantly teach students some vocabulary items and other issues related to their subjects. English worksheets are given to enable students be catering to get used to learning in English.

## 照顧學習差異 Cater for learning diversities

- 為幫助程度較高的同學挑戰自我，在初中程度較高的班別採用較高程度的課本，而在測考時亦會按學生的能力作不同的安排。

To cater for students’ learning diversities, students are assigned to use two sets of English course books in junior form. More capable students use an advanced level of coursebooks and vice versa. Different level of assessments are conducted in accordance with students’ abilities.

- 舉辦暑期英語銜接班，讓中一新生、中四及中五學生提早適應英語課堂。

To help students familiarize themselves with English lessons, English summer bridging classes are organized for S1, S4 and S5 students.



## 為學生創造英語環境 Creating a motivating English language environment

- 逢星期二為英語日，全體老師及學生須於課餘時以英語溝通。

Encouraging all English teachers to communicate with students in English outside classrooms. Every Tuesday is English Speaking Day. All teachers and students communicate in English off classes.

- 逢周二、周三及周四早上設「早上與外籍英語老師有個約會」(morning chat)的活動，各班同學按次序分組與外籍英語老師進行分享及交流。

Students are arranged to participate in the Morning Chat session to chat with the NETs every Tuesday, Wednesday and Thursday.

- 逢周二和周四用英語進行早會，由學生當主持和各班同學代表作英文演講或分享。老師和同學的分享更會上載至學校網頁，讓老師和同學重溫。

Conducting morning assemblies in English on Tuesdays and Thursdays. Students, class representatives and teachers take turns to give a talk or to share their ideas with others. The scripts of the sharing are uploaded to our school website.

- 每天早會設「每日一字」的環節，中六同學輪流向全校同學介紹不同的生活詞彙。

'A Word A Day' session is integrated into the morning assembly in which S6 students take turns to share different vocabulary items.

- 逢周四的放學後加入其他學科英語默書時段，強化同學的英語基礎。

Thursday Dictation is carried out to consolidate students' English foundation.

- 設立英語日和英語周，鼓勵全體師生說英語。

Holding English Speaking Days and English Weeks to encourage all teachers and students to use English in daily life.

- 推行「早讀計劃」，中一全級及中二級部份班別推行英文閱讀計劃 (Focused Reading Program)，鼓勵同學閱讀不同程度的指定讀物，並與班上同學分享閱讀心得。

Focused Reading Programme is conducted in all S1 and some S2 classes. A set of graded books is kept in the classroom. Students can choose their favourite books according to their interests and abilities. They can exchange their books with their classmates in the reading lessons.

- 在校園內張貼英文「勵志標語」。
- Posting English posters, proverbs, famous quotations and slogans on campus.

- 在所有校內設施上張貼英文標籤，學會壁報板加上英文名稱，讓學生認識有關英語詞彙。

Labeling all school facilities and club notice boards in English to help students learn more daily life vocabulary.

- 舉辦英語日營，增加同學利用英語溝通的機會。

Organizing the English Day Camp annually to give students an opportunity to speak English outside classrooms.

- 編制英文版通告及學生手冊。

School circulars are in both Chinese and English. Student Handbooks are in both Chinese and English.

- 定期出版中英文文集及英文報刊Sun Dayz，並將作品上載學校網頁上，以鼓勵同學寫作。

Students' work and English publication 'Sun Dayz' are published and uploaded to the school website so as to encourage them to write more and share their ideas with other students.





# 拔尖補底措施

## Remedial and Enhancement Measures

1. 在成績稍遜的中一班別安排中文和數學科作小班教學。

Small class teaching in all S1 and S2 English lessons.

2. 課程分成核心、延伸及高階三個層次，老師亦會根據不同層次的課程給予學生合適程度的課業。

Three levels of curricula are set: Core, Extended and Advanced. Teachers arrange assignments to cater for students' different learning needs.

3. 制定「擬卷指引」，明確規定一般性問題佔40%、延伸題目佔40%、高階思維題目佔20%，以考核不同能力的學生。

In order to assess students' best abilities, we have 'Guidelines for Assessment'. 40% of questions are general questions, 40% are questions for extended learning and 20% are questions for high order of thinking.

4. 老師根據測考的評估數據，進行拔尖補底的工作，強化學生的學習。

Teachers hold remedial and enhancement classes with the use of students' performance data.

5. 為有特殊需要的同學作出考試的特別安排。

Special arrangements are made for students with special needs.





# 不同學習經歷

## Other Learning Experiences

1. 安排同學參加不同的講座、工作坊及活動，為同學們提供不同學習經歷，以提升學與教的效能。

Students' learning capability is enhanced through different learning experiences in different seminars, workshops and activities.

2. 在電梯大堂設立每周時事欄和在小食部安裝高清電視，並於午膳直播「互動新聞台」的新聞和專題節目，利用相關的國際、香港和教育新聞等，再配合早會的分享，一方面拓寬同學的視野，另一方面引發同學反思一些重要的社會議題，為通識教育奠定基礎。

Students' horizons are broadened and their awareness of social issues is raised by the weekly news column displayed in the lift lobby, the live news broadcast of news channel in the tuck shop and the sharing in the morning assembly. These measures consolidate the foundation of Liberal Studies.

3. 舉辦不同的學科周(例如：中文周、英文周、數學周、理科周等)，在午間時段設置攤位遊戲、比賽、電影欣賞等活動，吸引同學對不同學科的興趣。

Different departments, for example, Chinese Department, English Department, Mathematics Department, Science Department and etc, organize activities like game booths, competitions and movie shows during lunchtime to stimulate students' interest in the subject.



孫方中校監與教育局高級學校發展主任  
黎賈佳先生為陸運會主持聖火傳遞儀式



# 校風及對學生的支援

## School Ethos

本年主題為「克己盡責、多元發展、力爭上游、永不言棄」，目標清晰明確，各科組以此為基礎，策劃活動，藉周會、早會和班主任節，協助學生多元發展，建立良好的價值觀和正確的生活態度。

The objective this year is 'Take responsibility for your own actions; Diversify your talents; Strive to do your own best; Never give up.' All committees and subject panels take this principle to organize activities in morning, weekly assemblies and class teacher periods. We hope that we can develop students' multiple intelligences and build students' proper moral values, positive attitude and outlook.

有策略地為學生提供預防性、發展性和補救性的訓育及輔導計劃和活動。

Strategic, developmental and Preventive Counselling Approach:

恰當分配和善用資源，協調有關老師的參與，又靈活運用課時，以推行價值教育。

Adequate resources and manpower are allocated for the implementation of Value Education.

學校提供的課外活動分四大類型，涵蓋學術、體藝、興趣及服務，合共47項，類別均衡，形式多樣化，幫助學生培養終身興趣和發展多元智能。

The school offers extra-curricular activities in four domains covering academic, aesthetics, interests and service, totally 47. The various activities are set to develop students interests and multiple intelligences.

# 家校合作及社區聯繫

## Parent-School Cooperation and Community Liaison

- 為推展家長教育，鼓勵家長與子女建立良好的親子關係，並鼓勵家長輔助子女學習，學校與家長教師會聯合舉辦9次家長課程、講座或工作坊，其中包括中一迎新日、中一適應講座、中二學習講座、中三選科講座、中四、中五會考講座、中五至中七出路講座等，以支援家長的需要。

Nine seminars, workshops and courses were held for parent education. Activities include S1 Orientation Day, S2 Learning Seminar, S3 Subject Selection Seminar, S4 and S5 HKCEE Talks, S5 to S7 Seminars of Education or Career Paths were organized.

- 隨著發展的需要，學校有計劃地與社區人士及不同機構保持適當的聯繫，引入和善用校外資源，支援學校活動和服務的推展。同時，學校亦積極鼓勵和安排學生服務社區，培養學生關懷社群、樂於助人的美德；從而拓寬學生的生活體驗，學習回饋社區，建立正確的價值觀，並能健康、均衡地成長。

The committee employs community expertise and professionals to support school activities. Meanwhile, the school also arranges students to serve the community for the nurturing of students' positive moral values.



呂宇俊先生主講  
戒打機講座

敬師日





# 學生表現 Students' Performance

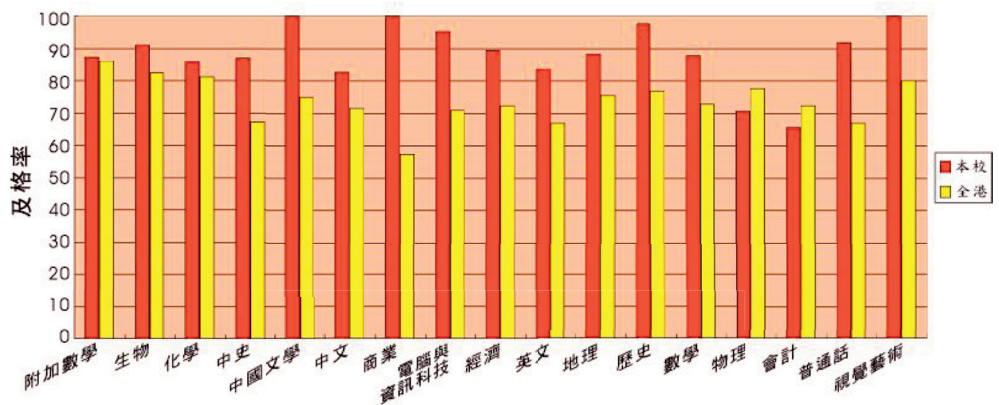
## 香港中學會考成績 Hong Kong Certificate of Education Examinations

2009年會考平均科目及格率為86.4% (全港平均值為 73.9%)，平均優良率為27.5% (全港平均值為25.4%)，當中半數學科的優良率更超越或相當於全港平均值，例如：歷史 (65%)、視覺藝術科 (63.6%)、普通話科 (50%)、電腦與資訊科技科 (42.9%)、生物 (32.1%)、數學 (32%)、中國歷史 (28.6%) 和地理 (22.1%)等。歷史科的優等率更高達15%，超越全港平均值13% 之多，令人十分鼓舞。

The S5 graduates have passed the 2009 Hong Kong Certificate Examination of Education with flying colors. Our general pass rate is 86.4% (73.9% in Hong Kong). Our credit rate is 27.4% (25.4% in Hong Kong). The credit rate of half of the subjects has exceeded or is equal to the local performance. For example, History (65%), Visual Arts (63.6%), Putonghua (50%), Computer and Information Technology (42.9%), Biology (32.1%), Mathematics (32%), Chinese History (28.6%) and Geography (22.1%). The distinction rate of History has reached 15% (13% higher than the standard distinction rate of Hong Kong).

在第一階段獲取錄(14分或以上)的學生人數較去年增加；其中理科班學位更不敷應求，部分合資格同學需參與中六聯合招生計畫；文科班則只餘數個學位。文科最佳成績為鄒滿良同學，理科最佳成績為賴正勤同學，兩人皆取得 25分 (滿分額30分) 的佳績，令人欣喜。本年各科及格率與全港平均及格率的比較如下：

The number of students in the Phase 1 of S6 admission has increased than that of last year. The demand of science stream has exceeded the number of places available. Some qualified candidates need to enroll in the S6 Joint Application Scheme whereas there are only a few places in Arts stream. The most outstanding student in Arts Stream is Chau Mun Leung whereas the most outstanding science student is Lai Ching Kan. Both have attained 25 (full score: 30). Their academic performances were amazing. The following is the comparison of the pass rates between the Hong Kong and our school in every subject:



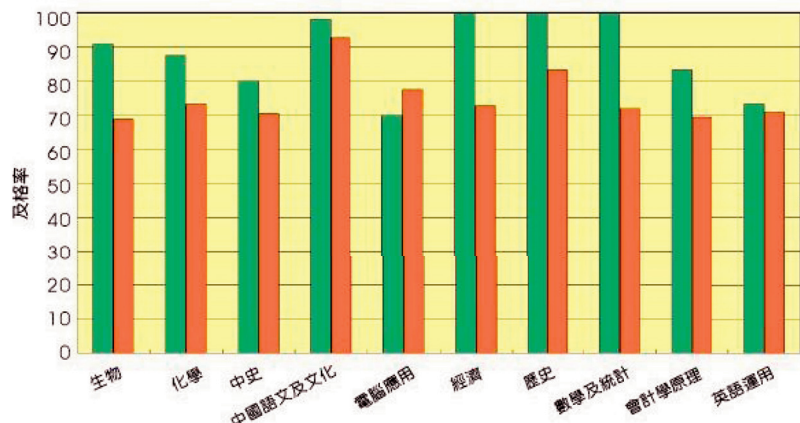




## 香港高級程度會考成績 Hong Kong Advanced Level Results

2009年首次參加高級程度會考，經老師們的悉心栽培及同學們的努力下，整體成績有不錯的表現，平均科目及格率為 78.2% (全港平均值為 74.8%)，其中數學與統計(AS)、世史(AL)及經濟(AL)的表現尤為突出，合格率高達100%；世史(AL)、數學與統計(AS)、經濟(AL)、中國語文及文化(AS)和電腦應用(AS)的優良率更高於全港平均數，分別是46.2%、40%、33.3%、25.2%及20%。62.5% 同學獲本港大學取錄。

2009 is our first batch of Form Seven candidates. With the teachers' and students' efforts, their academic performance was satisfactory. The pass rate was 78.2% (the standard of Hong Kong pass rate was 74.8%). Particularly, the credit rates of the following subjects were higher than the standard of Hong Kong. Mathematics & Statistics (AS), History (AL) and Economics (AL), Chinese Language & Culture (AS) and Computer Application (AS) were exceptionally outstanding. The respective results were: 46.2%, 40%, 33.3%, 25.2% and 20%. The JUPAS rate was 62.5%.



## 學業增值表現

## Academic Performance Increase

2009年會考的增值報告顯示，所有科目都有正值，可見我們重點提升學生成績的措施和策略甚具成效。  
From the 2009 Value-added Index Report, every subject has value-added. Our strategies and policies of boosting students' academic level were proven to be effective.





# 學生在學業以外的表現

在剛過去的一個學年，老師們憑著清晰的目標方向、堅強的鬥志信念、良好的團隊精神和合宜的策略、悉心指導和訓練同學，同學們在各項校外比賽中獲得92項冠軍、62項亞軍、97項季軍和124項優異獎、合共375個獎項、部分獎項如下(只列出區際或全港性的比賽)：

類別	比賽/組織名稱	獎項/獎品詳情 2008-2009
藝術	「蛻變中的大埔墟站」繪畫比賽	1項冠軍
	《星星河》全國兒童美術書法攝影大賽	5項壹等獎、14項貳等獎、14項叁等獎、9項優秀獎
	香港學校戲劇節	1項傑出男演員獎、1項傑出合作獎
	中國第三屆非職業優秀行進管樂團隊展演	1項金獎
	第60屆香港校際音樂節	2項季軍
	大埔區校際歌唱比賽(中學組)	1項銅獎
	第四十五屆學校舞蹈節	1項乙級獎
體育	大埔區第28屆校際舞蹈比賽	1項銀獎
	海天拔河邀請賽	4項冠軍、3項亞軍
	全港拔河公開賽	2項冠軍、2項亞軍、1項季軍
	校際籃球錦標賽女子組	1項季軍、1項殿軍
	香港公開室內划艇錦標賽	2項冠軍、1項季軍
	校園室內賽艇大挑戰2009決賽	12項冠軍、5項亞軍、4項季軍、2項殿軍
	校際足球錦標賽	1項季軍
	校際游泳錦標賽	7項冠軍、3項亞軍、6項季軍、1項殿軍、3項優異
	大埔區游泳比賽	2項冠軍
	沙田區游泳比賽	1項亞軍
	全港中學校際拯溺賽	1項亞軍
	2008年全港公開拯溺錦標賽	1項冠軍、2項季軍
	2009年拯溺(海洋及沙灘)分齡賽	2項冠軍、1項亞軍、1項季軍
	全港校際體操比賽	1項季軍
	2009校際單車比賽	1項冠軍
	全港青少年田徑分齡賽	2項冠軍
	全港少年田徑錦標賽	1項冠軍、3項亞軍、2項季軍
	校際田徑比賽	2項冠軍、2項亞軍、2項季軍、1項殿軍、2項優異
	第三屆十公里復活跑暨青少年公路錦標賽	1項冠軍
	第三屆吐露港10公里賽(青年組4公里)	1項冠軍
	馬鞍山盃8K長跑賽2009	2項冠軍、1項亞軍
	西貢區長跑比賽2008/09	2項亞軍、1項季軍
	離島區長跑比賽	2項冠軍、1項殿軍、8項優異
	黃大仙區飛鵝山長跑2008	2項冠軍、1項亞軍、1項季軍、1項殿軍、2項優異
	校際越野比賽	5項冠軍、3項亞軍、1項季軍、1項殿軍、6項優異
	2008年學界分區野外定向錦標賽(新界區)	2項季軍
	2008-09兒童分區公園定向錦標賽(新界區)	1項亞軍、1項季軍
學術	第60屆香港學校朗誦節	1項冠軍、2項亞軍、5項季軍
	第三屆「善言巧論：全港學生口語溝通大賽」	1項冠軍
	少兒普通話水平測試	A等成績4名
	「同心建未來」全港公開中文作文比賽	1項優異
	2009香港運輸物流學會中學生徵文比賽	2項優異
	第三屆歷史照片研究比賽	1項亞軍
	國慶盃賀辭寫作比賽	1項優異
	2008應用可再生能源設計暨競技大賽	1項冠軍
	08/09時事通識問答比賽	最佳成績2名
獎學金	新南威爾斯國際學科評估試	49項Credit、15項Distinction、2項High Distinction
	屈臣氏集團香港學生運動員獎2008-2009	1名
其他	2008-09年度尤德爵士紀念獎	2名
	健康快樂人生社區推廣計劃	1項優異





# 中一迎新活動

- 舉辦新生家長日和出版《家長手冊》，使家長對學校有全面的認識，從而建立良好的家校聯繫。
- 安排兩周的中一迎新活動，使新同學容易適應學習環境，投入校園生活，增強同學的歸屬感。
- 製作《新生攻略》小冊子，解答新生於校園生活中常遇的問題及校園設施、服務的使用，輔助同學，漸次孕育「學校是我家」的情意。
- 培訓「學長」幫助中一學生適應中學生活，建立良好的朋輩支援系統。

本年度將舉行之公開活動：(歡迎參加，請與林惠媚老師聯絡)

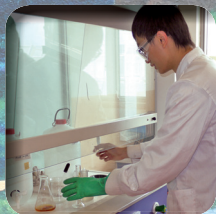
日期	時間	活動
12/12/2009	2:00pm-3:30pm	梁家傑議員主講 「如何協助子女提升英語水平」講座
	10:00am-4:00pm	英語日營
	10:00am-11:30am	學校簡介會 + 校園參觀
	12:00pm-1:30pm	學校簡介會 + 校園參觀
09/01/2010	10:00am-11:30am	學校簡介會 + 校園參觀
16/01/2010	2:00pm-3:30pm	學校簡介會 + 校園參觀
17/04/2010	9:00am-12:00pm或1:00pm-4:00pm	中學生活體驗日
	9:00am-10:30am或1:00pm-2:30pm	學校簡介會 + 校園參觀



## 2009-2010 自行收生

1. 收生準則：面試表現(20%)；學業成績(20%)；操行表現(20%)；獎項(20%)；教育局提供之名次(20%)。
2. 報名日期：4-1-2010至25-1-2010
3. 中一學額數目：180
4. 中一自行收生學額數目：54
5. 面試形式：小組面見及個別面見
6. 面試內容：測試學生的普通話、英語能力、常識、解難能力、應對技巧等。





**直達學校之公共交通：**

**巴士：**72、72A、73A、74A

**專線小巴：**28K (由大埔墟火車站開出，經火炭火車站至沙田)

**校車：**校方安排校車接送學生

**地址 School Address：**新界大埔大埔公路大埔滘段4643號 (鹿茵山莊旁)

4643 Tai Po Road, Tai Po Kau, Tai Po, N.T. (next to Deer Hill Bay)

**電話 Tel：**2656 7123

**傳真 Fax：**2654 6886

**網址 Website：**<http://sunfc.school.hk>

**電郵 E-mail：**[info@sunfc.school.hk](mailto:info@sunfc.school.hk)